



## MIDDLE SCHOOL CURRICULUM CAREER EXPLORATION

**CAREER EXPLORATION** provides opportunities for students to explore available resources through learning experiences that will help them to anticipate the future, identify employability traits, examine their relationships to the work environment, and to explore career possibilities

### Competencies:

- **Explore** strengths, interests, and personality traits leading to successful career choices
- **Examine** careers that support one's anticipated lifestyle
- **Develop** skills to locate, understand and use career information

### STRENGTHS, INTERESTS, AND PERSONALITY TRAITS

#### Essential and Enduring Understandings\*:

- **Apply** evaluation tools to career planning
- **Identify** transferrable skills and knowledge
- **Create** short and/or long term education and career goals
- **Demonstrate** the skills needed to interact positively and cooperatively

#### National Standards for Family and Consumer Science:

- 1.2 Demonstrate** transferable and employability skills in school, community and workplace settings
- 1.2.1 Analyze** potential career choices to determine the knowledge, skills, and attitudes associated with each career

#### \*High School Essential and Enduring Understandings:

- **Determine** short and long range personal goals
- **Determine** skills applicable in the selection of employment and career opportunities

### LIFESTYLE EXPECTATIONS

#### Essential and Enduring Understandings:

- **Examine** the relationship between work and economic and societal needs
- **Analyze** the potential impact of career decisions on balancing work and family
- **Determine** goals for lifelong learning and leisure opportunities

## **National Standards for Family and Consumer Science:**

**1.2 Analyze** strategies to manage multiple roles and responsibilities (individual, family, career, community, and global)

**1.1.5 Define** goals for lifelong learning and leisure opportunities for all family members

### **\* High School Essential and Enduring Understandings:**

- **Determine** short and long range personal goals
- **Apply** decision making skills

## **USING APPLICABLE RESOURCES**

### **Essential and Enduring understandings\*:**

- **Identify** and use a variety of available resources to obtain information about careers, entrepreneurship, and employment
- **Examine** potential career choices to determine the knowledge, skills, and aptitudes associated with each
- **Identify** courses and extended learning opportunities related to personal, educational, and occupational interests
- **Identify** career paths in the Family & Consumer Sciences field

## **National Standards for Family and Consumer Science:**

**1.2 Demonstrate** transferable and employability skills in school, community and workplace settings

**1.2.1 Analyze** potential career choices to determine the knowledge, skills, and attitudes associated with each career

### **\* High School Essential and Enduring Understandings:**

- **Utilize** communication style and techniques to develop healthy relationships
- **Demonstrate** ways to organize, delegate, motivate and encourage responsibility to build confidence in all group members
- **Analyze** the education and or training and qualifications necessary