



MIDDLE SCHOOL CURRICULUM RELATIONSHIPS

Relationships provides opportunities for students to demonstrate the knowledge and skills necessary to maintain healthy, respectful and caring connection within the family, workplace, peer groups, and community.

Competencies:

- **Analyze** functions and expectations of various types of relationships
- **Demonstrate** communication skills that contribute to positive relationships in family, workplace, peer groups, and community
- **Apply** teamwork and leadership skills in the family, peer groups, and community

RELATIONSHIPS

Essential and Enduring Understandings:

- **Identify** processes for building and maintaining relationships
- **Determine** factors that contribute to positive relationships
- **Identify** strategies for handling unhealthy relationships
- **Demonstrate** stress management techniques

National Standards for Family and Consumer Science:

- 13.1 Analyze** functions and expectations of various types of relationships
- 13.1.1 Analyze** processes for building and maintaining interpersonal relationships
- 13.1.4 Analyze** factors that contribute to healthy and unhealthy relationships
- 13.1.5 Analyze** processes for handling unhealthy relationships
- 13.1.6 Demonstrate** stress management strategies for family, work, and community settings
- 13.3.6 Analyze** the effects of communication technology in family, work, and community settings

COMMUNICATION

Essential and Enduring Understandings:

- **Identify** the purpose(s) of communication
- **Demonstrate** verbal and nonverbal behaviors and attitudes that contribute to effective communication
- **Demonstrate** effective listening and feedback techniques
- **Identify** barriers to communication

National Standards for Family and Consumer Science:

13.3 Demonstrate communication skills that contribute to positive relationships

13.3.1 Analyze communication styles and their effects on relationships

13.3.2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication

13.3.3 Demonstrate effective listening and feedback techniques

CONFLICT RESOLUTION AND DECISION MAKING

Essential and Enduring Understandings:

- **Apply** non-violent and effective skills that can manage and reduce conflict
- **Evaluate** healthy decision making skills

National Standards for Family and Consumer Science:

13.4 Evaluate effective conflict prevention and management techniques

13.4.3 Apply the roles of decision making and problem solving in reducing and managing conflict

13.4.4 Demonstrate nonviolent strategies that address conflict

13.4.5 Demonstrate effective responses to harassment

13.4.6 Assess community resources that support conflict prevention and management

CITIZENSHIP AND LEADERSHIP

Essential and Enduring Understandings:

- **Apply** strategies that motivate, encourage, and respect all ideas of all members
- **Create** strategies to utilize the strengths and limitations of all group members
- **Demonstrate** ways to organize and delegate responsibilities
- **Model** cooperation, compromise, and collaboration

National Standards for Family and Consumer Science:

13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community

13.5.1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members

13.5.2 Demonstrate strategies to motivate, encourage, and build trust in group members

13.5.3 Demonstrate strategies that utilize the strengths and minimize the limitations of team members

13.5.4 Demonstrate techniques that develop team and community spirit

13.5.5 Demonstrate ways to organize and delegate responsibilities

13.5.6 Create strategies to integrate new members into the team

13.5.7 Demonstrate processes for cooperating, compromising and collaborating